

Catering

SIMPLIFIED



Children's™
Healthcare of Atlanta



Food by FLIK

Ordering Info

All catering orders must be submitted via Spoonfed [FLIK – CHOA](#)

To ensure availability and secure delivery times, we encourage you to place catering orders 48 hours in advance. Orders for groups of 100 or more must be placed at least five business days in advance. Menus are subject to change based on market availability.

For last minute catering orders, **please contact** Latonya.Coleman@compass-usa.com or Tyler.Webb@compass-usa.com

Allergy and Dietary Preferences

We want to ensure that we have optionality for all our guests. Please advise if you have any allergy or dietary preferences with your catering orders. Kosher meals are available upon request.

Delivery and Service Fees

There are no service fees for any FLIK catered service following standard protocol provided during normal operating hours; after-business hours may require additional labor service charge. Additional charges including staffing will apply for weekends and outside normal business hours. For groups 50 or more may be subject to additional labor charge.

Cancellation Policy

Standard orders cancelled with at least 24 hours notice will not be charged. Should the guest count decrease or the event is cancelled less than 24 hours in advance, the requesting group will be charged for the guaranteed number.

Special Events

We would be happy to assist you with your next special function. We offer wait staff, equipment rentals, and a variety of other non-food services. Bar service is available upon request.

Order Minimums

For all orders, we require a minimum of 10 people per order.

VIP Events / Specialty Menus

For After Hour Functions, Special Events or Menus, Please reach out to Latonya.Coleman@compass-usa.com or Tyler.Webb@compass-usa.com

Breakfast

BREAKFAST BOXES

10.00

The Bagel Box Toasted Everything or Plain Bagel | Cream Cheese Spread
Fresh Fruit Cup | Individual Yogurt Cup Bottle Water

The Power Box 2 Hard Boiled Eggs & Arugula | Greek Yogurt & Granola Parfait
Fresh Fruit Cup or Whole Banana | Bottled Water

The On-The-Go Box Ham & Cheese Croissant | Whole Banana | Bottled Water
Fresh Fruit Cup | Individual Yogurt Cup

BREAKFAST BUFFETS

All Buffets include 2 Sides

Seasonal Fruit Tray | Berry Cup | Strawberry & Grape Cup | Overnight
Oats | Granola & Berry Parfaits | Individual Greek Yogurt | Whole Banana

HOT BREAKFAST SANDWICH (choose two)

12.00

- Chicken Tender Biscuit | Honey
- Scrambled Egg | Potato | Bell Pepper | Cheddar Cheese Burrito | Salsa
- Scrambled Egg | Potato | Bell Pepper | Sausage | Cheddar Cheese Burrito | Salsa
- Scrambled Egg | Cheese Croissant +\$0.50
- Smoked Bacon | Scrambled Egg and Cheese Croissant +\$0.50
- Egg White | English Muffin | Swiss Cheese | Roasted Red Pepper

FRESH CONTINENTAL

12.50

- Bakery Basket
 - Seasonal Tea Bread
 - Assorted Danish
 - Freshly Baked Muffins

HOT BREAKFAST BUFFET

14.00

- Cage Free Scrambled Eggs
- Chicken Sausage | Apple Wood Smoked Bacon | Turkey Bacon (Choose One)
- Roasted Potato Hash
- French Toast (+4)

ADD ON'S

- Hot Beverage Service +4
- Assorted Mini Sodas or Water +2.50
- Simply Orange Juice +3.00
- Whole Fruit +1.00
- Seasonal Fruit Platter +5.00
- Overnight Oats +4.00
- Yogurt Granola Fruit Parfait +4

Lunch Buffet

16 / person

MEXICAN TAQUERIA

- Seasoned Ground Beef | Chicken Tinga | Mushroom Tinga **V** (Choose One)
- Additional Protein +3
- Cilantro Lime Rice
- Black Beans
- 6" Flour Tortilla
- Toppings – Tomato Salsa | Cheddar Cheese | Crema | Pickled Jalapeños | Pico de Gallo | Cilantro | Lime Wedges

PRESTO ITALIAN

- Eggplant Parmesan | Chicken Parmesan | Traditional Beef Meatball (Choose One)
- Additional Protein +3
- Classic Caesar Salad or Italian Chopped Salad
- Rigatoni Alfredo or Penne Marinara
- Roasted Broccoli | Red Peppers
- Toasted Focaccia

SOUTHERN BBQ

- Chopped BBQ Chicken Thighs or Slow Cooked Chopped Beef Brisket (+3)
- Potato Salad and Cole Slaw
- Mac & Cheese or Vegan Dirty Rice
- Braised Southern Greens or Slow Cooked Green Beans
- Jalapeño-Cheddar Cornbread or Potato Buns

SALAD BAR & MINI SANDWICH BUFFET

Flik Seasonal Salad Bar – Baby Mixed Greens | Romaine Hearts | Grape Tomato | Carrots | Cucumber | Roasted Mushroom | Grilled Chicken | Flaked Salmon | Cheddar Cheese | Toasted Pumpkin Seeds | Buttermilk Ranch Dressing | Balsamic Vinaigrette

Mini Sandwiches

- Mini Chicken Salad Croissant Sandwich | Lettuce & Tomato
- Turkey Provolone | Arugula | Sundried Pesto
- Black Forest Ham & Swiss | Pretzel Bun | Honey Mustard
- Roasted Veggie Hummus Wraps | Grilled Wheat Wrap **V**

ADD ON'S +4

Today's Soup | Mac & Cheese | Kettle Chips | Pasta Salad | Chips & Salsa | Hummus & Pita | Garden Salad

DESSERTS +4

Mini Cookies | Brownie Bites | Chocolate Mousse Cup | Assorted Mini Cheesecake Bites



Bowls

MEDITERRANEAN HUMMUS BOWL

17.50

Tabbouleh | Arugula | Hummus | Roasted Eggplant | Carrots | Cucumber | Tomatoes | Crispy Chickpeas | Feta Cheese | Kalamata Olives | Tzatziki Sauce | Grilled Flatbread

Choice of: Lemon Garlic Shrimp | Lemon Oregano Chicken | Falafel V

KOREAN RICE BOWL

18.00

Jasmine Rice | Pickled Cucumbers | Mushrooms | Carrots | Edamame | Avocado | Cilantro | Sesame Ginger Dressing

Choice of: Beef Bulgogi | Grilled Korean Chicken | Grilled Tofu V

BURRITO BOWL

17.00

Quinoa | Cilantro Lime Rice | Black Beans | Queso Fresco | Roasted Corn | Pickled Jalapeno | Bell Peppers | Onion | Tomato | Pico de Gallo | Cilantro Lime Crema

Choice of: Chipotle Chicken | Cilantro Lime Flank Steak (+2) | Adobo Spiced Tofu V

ADD BEVERAGES

Full Beverage Service – Coffee Tea | Soda | Water 6.00

Hot Beverage Service – Coffee | Tea | Water 4.00



Boxed Lunch

ALL BOXES LUNCHES INCLUDE | Individual Bag of Chips | Flick Cookie | Bottled Water | Cutlery Kit | Condiments & Dressing

CHOICE OF 3 SELECTIONS PER ORDER

SANDWICHES - Include Lettuce & Tomato 17.00

- Chicken Bacon Club | Toasted Sourdough
- Italian Provisions | Baguette
- Smoked Turkey Avocado | Wheat Bread
- Chicken Salad Croissant | Arugula
- Pimento Brioche **V**
- Vegetable Hummus Wrap | Spinach Tortilla **V**
- Black Forest Ham | Swiss | Pretzel Roll

SALADS 17.00

- **Grilled Chicken Caesar Salad** | Romaine | Grape Tomatoes | Parmesan Cheese | Croutons | Caesar Dressing
- **Chef's Salad** | Ham | Turkey | Bacon | Romaine Diced Tomato | Cucumber | Cheddar Cheese Croutons | Balsamic Dressing
- **Shrimp and Avocado Salad** | Arugula | Romaine Grape Tomatoes | Cucumber | Feta Cheese Red Onion | Lemon-Thyme Vinaigrette

VEGETARIAN SALADS 15.00

- **Spring Cobb Salad** | Romaine | Cheddar Cheese Hard Boiled Egg | Diced Tomato | Cucumber Avocado | Shredded Carrots | | Choice of Dressing (Ranch | Balsamic | Honey Mustard | Blue Cheese Fat Free Italian Dressing)
- **Greek Salad** | Romaine | Arugula | Kalamata Olives Artichoke Hearts | Feta Cheese | Red Onion | Grape Tomatoes | Pepperoncini | Balsamic Vinaigrette
- **Mixed Greens Salad** | Baby Mixed Greens | Shredded Carrots | Grape Tomato | Cucumber | Choice of Dressing: Ranch Balsamic | Honey Mustard | Blue Cheese | Fat Free Italian

ADD PROTEIN

- Chicken 2.00
- Shrimp 3.00
- Salmon 4.00



Enhancements

Menu items are priced per person unless otherwise noted and require a 10 guest minimum.

Breaks

- **BYO Trail Mix Bar | 6.00**
 - Assorted Sweet and Savory. Orders Less Than 20 Will Receive Premade Trail Mix Containers.
- **Chips & Dips | 6.00**
 - Tortilla Chips, Pita Chips, Traditional Salsa, Fresh Guacamole, Red Pepper Hummus
- **Lets Snack | 4.50**
 - Assorted Packaged Mini Snack Bars
- **Mini Cookie Platter | By the dozen 15.00**
- **Mini Brownie Bites | By the dozen 18.00**
 - +2 Avoiding Gluten
- **Mini Rice Crispy Treats | By the Dozen 15.00**
- **Mini Cupcakes | By the Dozen 20.00**
- **Chocolate Covered Strawberries | By the Dozen 20.00**
- **Mini Dessert Bar | By the Dozen 30.00**
 - Mini Cannoli, Cheesecake Bites, Mini Fruit Tar, Petit Fours, Mini Eclairs

Beverages

- Bottled Water 2.50
- Assorted Sparkling Water 2.50
- Assorted Mini Soda 2.50
- Assorted Bottled Juices 3.00
- Assorted Bottled Iced Tea 3.00
- Iced Tea Tower 2.50
 - For Groups 20+
- Water Tower 2.00
 - For Groups 20+

